

1 November 2018

Ref: RA3038

Dear Parent / Carer,

Looking for something to do on these dark and chilly evenings? I would like to invite you and your family to join us for **Family Learning** activities this half term. Students do need to be accompanied by an adult but not necessarily a parent; grandparents, aunties, uncles, older siblings and family friends are all very welcome. All activities will be fuelled by plenty of tea, coffee and biscuits and are designed to be fun, non-threatening and suitable for all ages and abilities.

Alcohol Awareness – Wednesday 21st November 4.45pm to 6.15pm

This session will be run by the Alcohol Education Trust, who are also working with students in school. This is not intended to be judgmental or 'preachy' but rather to help us keep our families safe and informed. Statistics tell us that 13 years old is now the average age that children begin to drink alcohol. The session is designed to be relevant to parents and students on the Isle of Wight and will be interactive with lots of opportunities to ask questions.

Please see the information overleaf. This session is open to parents even if not accompanied by students.

Decorated Christmas Cake – Wednesdays 28th November and 12th December 4.45pm to 6.15pm

Come along and make a traditional fruit cake that you can enjoy or give as a present. We'll make the cake, during the first session, to be iced and decorated during the second. All ingredients and equipment will be provided (although if you have your own baking tin, please bring it with you).

There will be a cost of £6 (cash please) per cake to cover the cost of ingredients. This should be brought into school and handed to me directly or Reception, in an envelope addressed to me, no later than Thursday 22nd November.

I will assume one cake per family, please specify if you would like to make more.

Online Safety – Tuesday 4th December, 4.45pm to 6.15pm

As parents, our priority is always, the safety of our children and we teach them to be very careful when out and about. But have you thought about how this translates to staying safe in the online world that our children engage with? How have times changed?

Amongst other things you will hear about:

- Why it is difficult for parents and young people
- The risks, recent developments and how times have changed
- What you can do to keep your child(ren) safe (You're actually already doing some of this)
- Where to go for more information
- (Most importantly) what to do if the worst comes to the worst.

Don't worry it's not all 'doom and gloom'. Like the car, the Internet is a fantastic invention, users just need to learn about possible dangers and how to keep themselves safe.

Come and find out more. The actual session lasts an hour but there will be an opportunity to stay and chat afterwards. There will be a chance to ask questions but you might just want to sit and listen. The session might even provide useful tips for you to make your own online activity safer! This session is open to parents even if not accompanied by students.

Please return the attached slip to Reception or, even better, email me: TBaxter@rydeacademy.org to book places. This letter is also available on our website under the 'Parents' tab.

I look forward to seeing you.

Yours faithfully

Tanya Baxter
Family Learning Co-ordinator



The Alcohol Education Trust is a charity dedicated to working with schools, youth workers, parents and carers across the UK.

If you've ever wondered how best to talk with young people about keeping safe around alcohol? Then this workshop is for you.....the average age of a first whole alcoholic drink in the UK is thirteen and a half, so it's important to get talking with the young people in our care ...

This interactive workshop is for anyone (parents, carers and young people) who'd like to find out a bit more about:

What are units of alcohol?

What are the effects of alcohol on the body?

How long does it take our bodies to process alcohol?

plus lots of tips about keeping ourselves, friends & families safe.

www.alcoholeducationtrust.org
www.talkaboutalcohol.com

Family Learning Events Reply Slip

To Mrs Baxter

Contact number

Contact e-mail

We would like to attend the following Family Events:

Alcohol Awareness – Wednesday 21st November, 4.45pm to 6.15pm

Student attending

Adult /s attending

Additional children attending

Online Safety – Tuesday 4th December, 4.45pm to 6.15pm

Student attending

Adult /s attending

Additional children attending

Decorated Christmas Cake – Wednesdays 28th November and 12th December, 4.45pm to 6.30pm

Student attending

Adult /s attending

Additional children attending

We would like to makecake/s at a cost of £6 each. I enclose £.....(payable by Thursday 22nd November)

Once you have returned the form, please assume you have secured places unless we contact you.

Please call (567331) or email TBaxter@rydeacademy.org to cancel if you book places and are unable to attend.